July 2021 Vol 1 Issue 3

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# Every Woman Every Baby 5K Fun Run/Walk





Several members of AWHONN MD came together in May for our first in-person event since the onset of the pandemic. We participated in a 5K Fun Run/Walk to support Every Woman Every Baby (EWEB). Many other Maryland members registered for the walk and participated remotely. EWEB funds are given back directly to members to support innovation awards, research scholarships, and education and professional development.

# Every Woman Every Baby Section Challenge

Help the Maryland section win a complimentary registration to the AWHONN annual convention. If we win, the registration will be raffled to members who donated to the challenge. There are two ways to win:

- 1) The Section with the greatest participation rate based on a percentage of total Section membership
- 2) The Section raising the most in charitable donations

Donate here: <a href="https://www.awhonn.org/about-us/donate/">https://www.awhonn.org/about-us/donate/</a>



### Facebook

https://www.facebook.com/groups/AWHONNMarylandSection/

### **AWHONN Website**

https://www.facebook.com/groups/AWHONNMarylandSection

Section Email awhonnmd@gmail.com

#### **Section Leaders**

**Stacey lobst** Section Chair

## Amy Brown

Secretary/Treasurer

#### **Anita Morales**

Webmaster/Social Media Coordinator

#### Stacia Moreno

**Student Coordinator** 

#### **Beth Audet**

**Legislative Coordinator** 

### **Chapter Coordinators**

Shannon Riley | Anne Arundel
Jaimi Hall | Eastern Shore
Mitchelle Griffiths | Prince George
Joy Schucker | N. Baltimore
Malissa DaGraca &
Judith Coombs | S. Baltimore
Toni Boyd | Southern MD
Sherrie Burkholder | Western MD

# Journal Club

For our June journal club, author Katie Page, CNM, presented her article, Improving Nurse Self-Efficacy and Increasing Continuous Labor Support With the Promoting Comfort in Labor Safety Bundle, published in the Journal of Obstetric, Gynecologic, and Neonatal Nurses (JOGNN).







# Journal & Magazine Access: A Member Benefit!

Did you know that AWHONN members have online and print access to two peer-reviewed journals and a magazine? You can access the Journal of Obstetric, Gynecologic, and Neonatal Nurses (JOGNN), Nursing for Women's Health (NWH), and Healthy Mom & Baby online as an e-Member. As a full member you can have print copies mailed to your residence! Become a member now at https://www.awhonn.org/Membership/

# **AWHONN Legislative Efforts**

### ~~~~ 6/15/21 ~~~~

AWHONN joined other organizations by sending a letter to the House and Senate Appropriations Committee leadership to request increased funding for the 2022 Agricultural Appropriations bill. This bill would support the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) by increasing funding by at least 2.2 billion dollars.

## ~~~~ 6/23/21 ~~~~

AWHONN joined other national organizations to advocate for the highest possible prioritization of funding in the <u>Fiscal Year 2022 appropriations legislation</u> for programs seeking to address the maternal health crisis. Funded programs would prevent maternal deaths, eliminate inequities in maternal health outcomes, and improve maternal health overall.

## **AWHONN Mission Statement**

Empower and support nurses caring for women, newborns, and their families through research, education, and advocacy.



## **AWHONN Vision Statement**

Making a difference in the lives of women and newborns.

## **AWHONN Strategic Goals**

- Promote <u>diversity</u> and <u>inclusion</u> in our organization and profession
- Advocate for <u>critical issues</u> that impact nursing care to women and newborns while <u>developing collaborations</u> with other communities and organizations
- Maximize the **member experience**
- Advance AWHONN as the <u>trusted leader</u> in research, education, and evidence-based practice
- <u>Invest</u> in people, technology and facilities to advance the mission of the organization

# MD Section Golden Anniversaries



### 50 years

Irene Morelli
Carol Walters
Constance Waxter

## 30+ years

Charlene Bennett

Debra Bingham

Elizabeth Bloom

Sherrie Burkholder

Cheryl Harrow Vicki Lucas Laura Lucas

Eileen Ludden Renee Milligan Thank you for your commitment and dedication!

# **Student Spotlight**

Maria Mazariegos became interested in labor and delivery nursing when her mom delivered her brother at the hospital. She remembers how much they cared and paid attention to her mom. Maria wants to be able to make a difference in future patients' lives and



provide the best care she can, just as the nurses did when they took care of her mom. Maria wants to be an advocate for women with different socio-cultural backgrounds and to help them feel safe and comfortable during childbirth. Maria's goals are to obtain EFM and lactation certifications when she becomes an RN. Her five-year plan is to apply to graduate programs to become a Women's Health Nurse Practitioner. When Maria is not studying, she loves spending time with her family and friends and binge-watching movies and TV shows on Netflix.



AWHONN MD is hosting our inaugural diaper drive to benefit the families in DC, Maryland, and Virginia served by the DC Diaper Bank. This year, diaper need is at an all-time high due to the pandemic, lost jobs, and financial strain. We are so happy to host our virtual diaper drive to continue helping the families we serve as nurses and as a community. Help us meet our goal of raising \$1,000 in 2021!

Donate through our link here: <a href="https://maryland.awhonn.org/events/">https://maryland.awhonn.org/events/</a>

## **AWHONN MD Leadership Opportunities**

Would you like to work with a fabulous team of nurses to strengthen our AWHONN MD Section? We are currently seeking volunteers for the following positions. If you are interested please contact us at <a href="mailto:awhonnmd@gmail.com">awhonnmd@gmail.com</a>

- Newsletter coordinator
- Education Coordinator
- Montgomery County Chapter Coordinator
- Membership Coordinator
- Hospital Liaisons



The **2021 AWHONN Convention** was rescheduled for **October 9 – 13** and will take place in <u>Kissimmee, Florida</u>. The convention will focus on ways in which you can quickly adapt to uncertain scenarios, challenge the norms and bring new ideas to the table, and ensure a new future exists where you emerge as an effective leader at any level of experience. Early bird registration discount for the conference ends August 9, 2021. **AWHONN Maryland** is currently offering <u>scholarship opportunities</u> to attend.

Apply here by July 16, 2021: https://tinyurl.com/Convention21